

GPS Client Intake Form

Directions: Before your first coaching sessions please introduce yourself by filling out this form. Please take a few moments to answer the questions below and email them back to shari@grandparentingsolutions.com or fax to 1-636-246-3805.

Thank you so much! *Shari Grande*

First Name:

Date:

1. Briefly describe why you are seeking parenting coaching.
2. Upon completion of parent coaching what do you hope to have accomplished/attained?
3. List any roadblocks that might stand in the way of the above stated accomplishment.
4. What do you most appreciate about your current situation?
5. List your family's strengths.

6. Tell me about your children: names, ages, strengths.

7. Tell me about your strengths as a parent.

8. Who are your best supporters? How do you take care of yourself so you are able to parent well?

9. Are you or any of your children in counseling (or have you been in the past)? If any of the children have a known diagnosis please share this with me.

10. Any other background information that you feel I should know about you or your family prior to our working together?

11. Finally, complete this thought, "After coaching is complete, I would like my life to look like. . .