

Parent Coaching Agreement

between

Coach Shari Grande, MSW, Parent-Coach
Grande Parenting Solutions - GPS
Phone: 415-385-7154
Email: shari@grandeparentingsolutions.com

and

Client

Name: _____
Address: _____

Phone: (H) _____
Cell: _____
Email: _____

Coach agrees to:

- Provide an initial intake session of up to 60 minutes in length
- Provide three coaching conversations of up to 50 minutes each per month
- Provide a follow-up summary via email to the client after each session
- Provide email responses to questions or comments from the client
- Provide knowledge, qualified experience and a willingness to support the client in reaching his or her goals
- Maintain complete confidentiality and abide by the Coaching Ethics set forth by PCI Parent Coaching Institute.

Client agrees to:

- Provide payment at the intake appointment or individual session
- Provide payment in advance for a package plan (PayPal).
- Call or meet coach at scheduled times
- Provide 24 hours notice of appointment changes
- Maintain an attitude of participation, collaboration and a willingness to engage in the transformation process
- Provide any materials or supplies needed to complete the work agreed upon

NATURE OF RELATIONSHIP: As a coach focusing specifically on parenting, Ms. Grande will concentrate efforts on improving navigating the multiple systems unique to parents of children with special needs and learning differences, such as insurance, schools, advocacy, social skills, siblings and self care, to name a few. Coaching can improve parenting skills, enhancing relationships between parents and children, and establishing

habits that produce success at home and at school. Sessions may also include coaching parents in ways to modifying child behavior, increasing compliance, developing self-esteem, reducing disrespect, increasing responsibility, and improving attitudes. At times, the focus shifts to teaching parents ways to manage their own reactions and responses to their children. For parents new to special needs, a variety of practical issues may be addressed as well.

The Client understands that the **Coaching relationship is in no way to be interpreted as Psychotherapy, psychological counseling, or as any type of therapy. This coaching relationship is not a substitute for counseling or psychotherapy.** In the event the Client feels the need for professional counseling or therapy, it is the responsibility of the Client to seek a licensed professional.

CALL PROCEDURE: Ms. Grande will call the Client at a pre-arranged time and as scheduled. Cancellations must be made 24 hours in advance. There will be no refund or credit for cancellations made less than 24 hours prior to a scheduled coaching session, unless Ms. Grande can arrange another mutually workable time during the same week as the scheduled appointment.

TERMINATION: The Client may terminate the coaching relationship at anytime. Cancellation must be in writing email is acceptable.

CONFIDENTIALITY: Ms. Grande recognizes that the Client will discuss confidential issues/information during the coaching. Ms. Grande will not at anytime, either directly or indirectly, voluntarily disclose, or communicate this information to a third party. She will not use any information for her own benefit, nor will she voluntarily divulge that she and the Client are in a coaching relationship without the expressed written permission of the Client. This confidentiality agreement does not apply to illegal activities, child abuse, suicidal intent, or plans to conduct harmful or illegal activities.

Payment:

*Please note it is my preference to work with parents who commit to at least an initial block of six sessions. I do this in order to enhance the likelihood of your success. Single session consultations do not typically allow for the natural learning processes to develop, and therefore this agreement presumes we begin with four sessions of coaching. After that, individual sessions can be arranged. **Shari Grande, MSW***

PAYMENT PROCEDURE: Payment is due at the start of coaching. The first coaching session will begin once this agreement is signed and returned to GPS (email or fax) and first payment (made through paypal or check) has been received.

Rates:

\$150 for one-time intake appointment

\$150 for one-hour individual session

\$825 block of six 50-minute sessions

\$1200 twelve-session package plan when paid in advance.

Signatures:

In signing below, the coach and client certify that they will abide by this agreement. Any changes to this agreement must be made in writing, via letter or email, and agreed upon by both parties.

Coach - Shari Grande _____

Date _____

Client - Client Name _____

Date _____